



## YOUNG KIDS:

- Helping Young Kids Manage Emotions
- Positive Parenting
- Communicate so They Will Hear
- Cooperation, Kindness, and Compassion
- Stress Management for Parents
- Young Kids Behavior and Development

## KIDS:

- Helping Kids Manage Emotions
- Positive Parenting
- Extra Transitions
- Communicate so They Will Hear
- Compassion, Kindness, and Self-Esteem
- Learning Disabilities, Thriving at School
- Let's Talk About Bullying, Peer Pressure, and the Internet

## TEENS:

- Helping Teens Manage Emotions
- Positive Parenting
- Communicate so They Will Hear
- Learning Disabilities, Thriving at School
- Self-Esteem, Compassion, and Social Media
- Teenagers Development

# FAMILIES FIRST LEARNING LAB AND PARENTING MONTANA - TOPICS FOR PARENTS

0-4	5-10
<ul style="list-style-type: none"> <li>• Confidence</li> <li>• Discipline</li> <li>• Eating</li> <li>• Empathy</li> <li>• Happiness</li> <li>• Kindness</li> <li>• Listening</li> <li>• Reading</li> <li>• Resilience</li> <li>• Responsibility</li> <li>• Routines</li> <li>• Talking About Differences</li> <li>• Tantrums</li> </ul>	<ul style="list-style-type: none"> <li>• Anger Management</li> <li>• Back Talk</li> <li>• Bullying</li> <li>• Chores</li> <li>• Confidence</li> <li>• Conflict</li> <li>• Discipline</li> <li>• Friends</li> <li>• Homework</li> <li>• Listening</li> <li>• Lying</li> <li>• Mixed Messages About Alcohol</li> <li>• Reading</li> <li>• Routines</li> <li>• Sharing</li> <li>• Stress</li> <li>• Tantrums</li> </ul>
11-14	15-19
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